

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Bezant chongo**

Has successfully participated & completed the  
**8km Shift Wellness - Trail Run, The Shift Series**  
held at Walter Sisulu Garden.

**TIME 01:33:42**

**PACE 11:42/km**  
**OVERALL 105 of 166**

**GENDER 60 of 78**  
**40 - 49 19 of 21**

23 June 2019, Sun

Date



*BoutTime*

Signature

